

Wednesday 1st July

Hello again Year 6,

We can't believe that it's July. How quickly the days have flown by! We do hope that you are keeping well and safe at home and managing to complete your learning as well as enjoying the time with your families.

Here are the activities for this week. In Maths we're starting to look at metric units of measure. There's a mixed bag for English - comprehensions, writing, SPaG and some art too. We've popped in a July Active Challenge for you to do and a lovely Outdoor Learning Challenge that you can continue until you are 11 $\frac{3}{4}$! We're learning about 'bouncebackability' in PSHE to help with your move to high school.

If you have some spare time or want to do some extra learning, you could visit <https://www.bbc.co.uk/bitesize> or <https://www.thenational.academy/online-classroom> where there are lots of lessons and activities to choose from.

As always, try to read for at least 20 minutes a day and take Accelerated Reader quizzes from home by using this link [Howley Grange Renaissance at home](#) and logging on as usual using your username and password. To check that the book you are reading has a quiz, you can check it using on [Accelerated Reader Bookfinder](#).

Take care and keep smiling,

We do miss you,

Mrs Graham and Mrs North

English Activity 3 - Synonyms and antonyms

synonym

A synonym is a word that has the same, or nearly the same, meaning as another word.

antonym

An antonym is a word that has the opposite meaning to another word.

English Activity 3a - Matching antonyms

Matching Antonyms

Draw lines to match each word to its correct antonym.

inside	dishevel	concentrated	concise	exemplary	elongate
careless	exterior	rambling	captive	efficient	scarcity
groom	cautious	free	bravery	curtail	awful
extinguish	ignite	cowardice	diluted	surplus	unproductive
admire	expense	convene	comfort	disallow	indiscreet
refuse	implore	torment	disband	kind	malicious
domestic	international	enrage	delight	cramped	accept
income	deplore	musical	discordant	careful	capacious

English Activity 3b - Making antonyms

Adding a Prefix to Make an Antonym

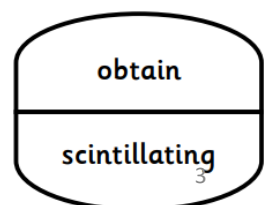
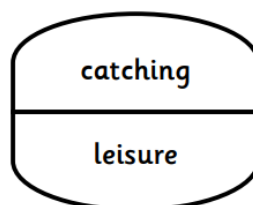
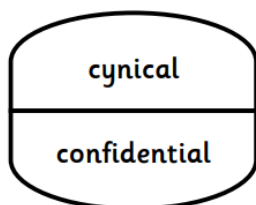
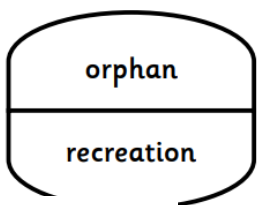
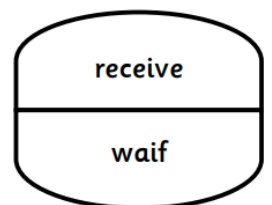
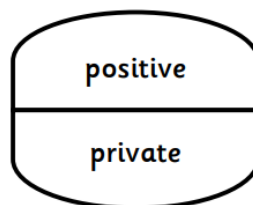
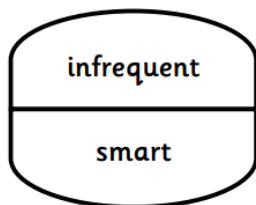
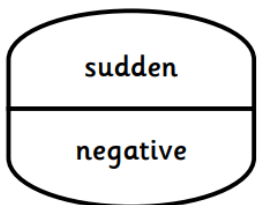
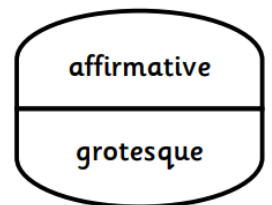
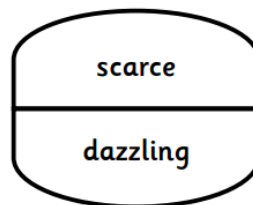
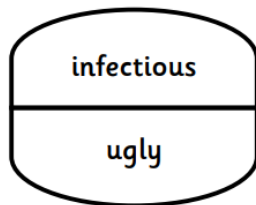
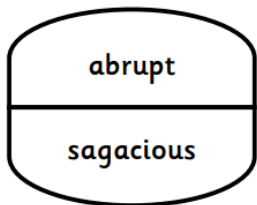
Add a prefix to the beginning of each word to form its antonym.

_____ fortune	_____ balance
_____ secure	_____ popular
_____ armed	_____ active
_____ allow	_____ literate
_____ legal	_____ common
_____ able	_____ comfort
_____ credible	_____ sufficient
_____ relevant	_____ mobile
_____ active	_____ understand

English Activity 3c - Synonym trail chaser

Synonym Trail Chaser

Start at any word and draw a line to the synonym it matches. Then start at the other word on the same shape and join it to the matching synonym on a different shape. Stop when you have connected all the words together.



English Activity 3d - Synonyms and antonyms

Choose your level D=★ E=★★ GD=★★★

Synonyms and Antonyms

1. Sort the words below into the correct place on the table, based on whether they are a synonym or an antonym of the word busy.

Synonym	Antonym

hectic

lazy

active

quiet

slow

on the go



VF
HW/Ext

2. For each word, label the synonym (s) and antonym (a).

A. increase

mend

alter

grow

decrease

B. build

tall

destroy

small

make

C. early

day

late

prompt

night



VF
HW/Ext

3. Write a sentence that includes a synonym of the word caught.

Rewrite the sentence and change its meaning by including an antonym of caught.



4 AR
HW/Ext

Synonyms and Antonyms

4. Sort the words below into the correct place on the table, based on whether they are a synonym or an antonym of the word frequent.

Synonym	Antonym

many

few

rare

often

scarce

common

regular

occasional



VF
HW/Ext

5. For each word, label the synonym (s) and antonym (a).

A. achieve

occupy

fail

succeed

vacate

B. amateur

loser

expert

winner

novice

C. curious

hectic

indifferent

interested

casual



VF
HW/Ext

6. Write a sentence that includes a synonym of the word hindrance.

Rewrite the sentence and change its meaning by including an antonym of hindrance.



AR
HW/Ext

Synonyms and Antonyms

7. Sort the words below into the correct place on the table, based on whether they are a synonym or an antonym of the word abominable. Add a synonym and antonym of your own.

Synonym	Antonym

obnoxious	agreeable
splendid	detestable
worthy	repugnant
loathsome	venerable



VF
HW/Ext

8. For each word, label the synonym (s) and antonym (a).

A. prosperous

keen

affluent

uncaring

destitute

B. apprehensive

assured

humid

agitated

arid

C. devotion

tranquil

loathing

disconcerted

affection



VF
HW/Ext

9. Write a sentence that includes a synonym of the word tentative.

Rewrite the sentence and change its meaning by including an antonym of tentative.



AR
HW/Ext

English Activity 3e - Synonym wordsearch

E	S	H	N	M	D	V	U	N	H	A	P	P	Y	G	P	D	J	N	M
N	D	N	B	N	W	B	O	P	F	D	Y	P	T	V	O	I	M	N	I
O	W	U	P	S	E	T	N	Q	A	F	Z	L	Y	S	M	S	B	B	S
R	E	P	L	G	Q	N	M	R	M	U	Z	J	P	E	Q	T	X	F	E
M	D	O	E	F	A	G	I	G	A	N	T	I	C	D	W	R	A	D	R
O	R	L	A	E	M	A	L	S	M	N	F	H	A	F	E	A	W	S	A
U	T	H	S	Y	F	B	K	T	I	M	E	F	Q	L	D	U	T	F	B
S	U	T	E	J	S	N	J	U	N	T	C	D	S	I	F	G	U	Y	L
D	Y	G	D	K	F	M	H	V	U	W	S	S	C	T	S	H	K	O	E
F	T	E	X	L	I	J	G	Z	T	S	T	F	N	T	X	T	J	I	F
R	K	D	Z	T	I	N	Y	X	E	A	A	T	M	L	V	L	G	J	T
T	H	G	U	P	O	G	J	Y	Y	P	T	U	H	E	N	E	A	U	Y
U	F	B	Y	O	L	R	O	B	T	O	I	O	H	U	M	N	S	T	Q
I	D	C	H	Y	J	Y	Y	G	R	Y	C	Q	C	J	J	M	D	E	W
O	E	S	F	R	G	P	F	J	E	T	E	A	E	H	G	O	G	D	A
M	A	S	S	I	V	E	U	D	U	F	D	E	S	G	G	N	O	G	P
C	W	A	D	E	S	O	L	F	Q	L	Q	C	E	G	U	H	N	N	O
G	A	S	M	I	C	R	O	S	C	O	P	I	C	P	J	V	D	S	U
N	I	Y	R	W	E	K	W	R	L	P	D	S	W	F	S	A	C	B	H
M	U	G	T	D	F	D	Q	D	E	L	I	G	H	T	E	D	C	V	N

See if you can find synonyms for these words in the wordsearch. There are four synonyms for each word:

Big	Happy	Small	Sad

Now try to put the synonyms in order of strength, starting with the one you think has the strongest meaning:

Big	Happy	Small	Sad

ANSWERS English Activity 3a - Matching antonyms

Matching Antonyms

Draw lines to match each word to its correct antonym.

inside	dishevel	concentrated	concise	exemplary	elongate
careless	exterior	rambling	captive	efficient	scarcity
groom	cautious	free	bravery	curtail	awful
extinguish	ignite	cowardice	diluted	surplus	unproductive
admire	expense	convene	comfort	disallow	indiscreet
refuse	implore	torment	disband	kind	malicious
domestic	international	enrage	delight	cramped	accept
income	deplore	musical	discordant	careful	capacious

ANSWERS English Activity 3b - Making antonyms

Adding a Prefix to Make an Antonym

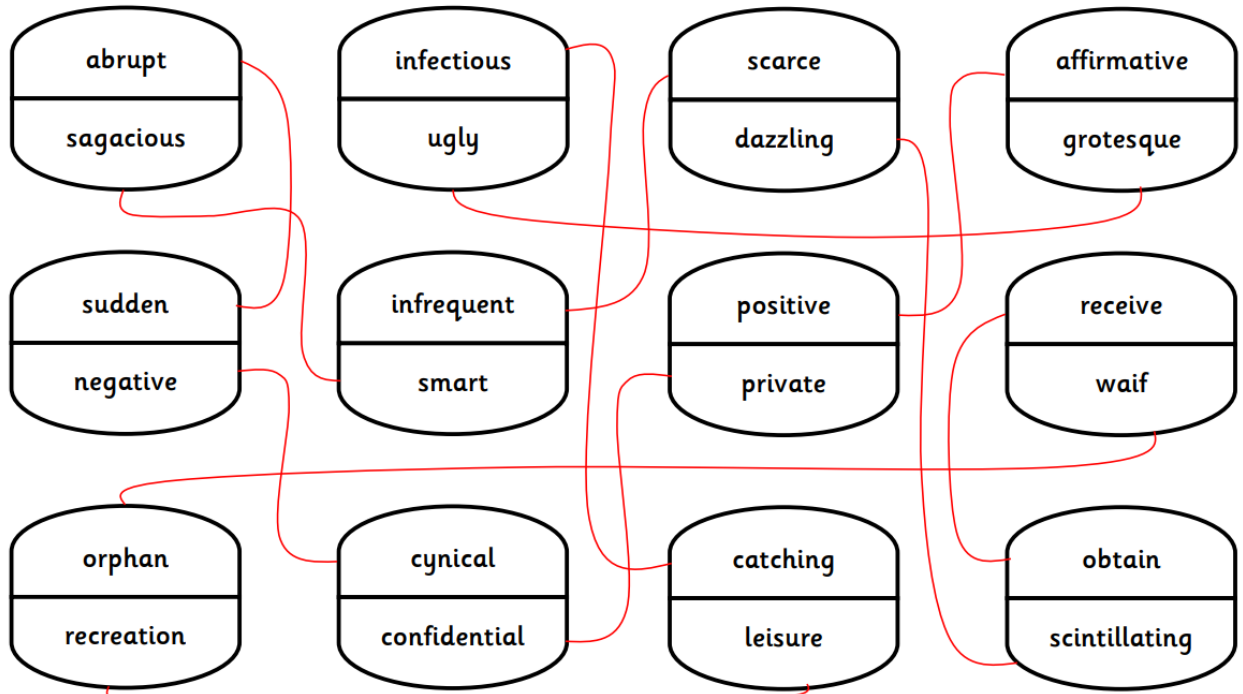
Add a prefix to the beginning of each word to form its antonym.

misfortune	imbalance
insecure	unpopular
dis/unarmed	inactive
disallow	illiterate
illegal	uncommon
unable	discomfort
incredible	insufficient
irrelevant	immobile
inactive	misunderstand

ANSWERS English Activity 3c -Synonym trial chaser

Synonym Trail Chaser

Start at any word and draw a line to the synonym it matches. Then start at the other word on the same shape and join it to the matching synonym on a different shape. Stop when you have connected all the words together.



ANSWERS English Activity 3d -Synonyms and antonyms

Developing

1. Synonym = hectic, active and on the go

Antonym = lazy, quiet and slow

2. A. grow (s), decrease (a)

B. make (s), destroy (a)

C. prompt (s), late (a)

3. Various answers, for example:

The police captured the jewel thief whilst he was attempting to break into a shop.

The police released the jewel thief due to lack of evidence.

Expected

4. Synonym = many, often, common and regular

Antonym = few, rare, scarce and occasional

5. A. succeed (s), fail (a)

B. novice (s), expert (a)

C. interested (s), indifferent (a)

6. Various answers, for example:

My young sister was proving to be a huge obstacle as I tried desperately to tidy my room before mum got home.

My young sister was proving to be of great assistance, as my room would be neat and tidy by the time mum got home.

Greater Depth

7. Synonym = obnoxious, detestable, repugnant and loathsome
plus various answers, for example: hateful, odious, despicable etc

Antonym = agreeable, splendid, worthy and venerable

plus various answers, for example: commendable, honourable, good etc

8. A. affluent (s), destitute (a)

B. agitated (s), assured (a)

C. affection (s), loathing (a)

9. Various answers, for example:

Harvey breathed deeply before taking a few cautious steps into the seemingly unoccupied room.

Harvey held his head up high before taking several confident steps into the seemingly occupied room.

ANSWERS English Activity 3e -Synonym wordsearch



See if you can find synonyms for these words in the wordsearch. There are four synonyms for each word:

Big	Happy	Small	Sad
Enormous	Joyful	Tiny	Unhappy
Massive	Delighted	Little	Miserable
Huge	Ecstatic	Minute	Upset
Gigantic	Pleased	Microscopic	Distraught

Now try to put the synonyms in order of strength, starting with the one you think has the strongest meaning:

Big	Happy	Small	Sad
Gigantic	Ecstatic	Microscopic	Distraught
Enormous	Delighted	Minute	Miserable
Massive	Joyful	Tiny	Upset
Huge	Pleased	Little	Unhappy

Maths Activity 3a - Ten in ten

1. Claire bought five footballs at £1.99 each. How much did she spend? Calculate her change from £20.

2. Perdita cut four 12.5cm lengths from a roll of 70cm ribbon. How much was left?

3. Round $7\frac{2}{8}$ to the nearest whole number.

4. $\frac{2}{5}$ of £350 =

5. Write the next three numbers in the sequence.

$1\frac{4}{5}$, $2\frac{1}{5}$, $2\frac{3}{5}$,

6. Parrie is facing west. She turns anti-clockwise 45° . What direction is she facing now?

7. What is the sum of the even numbers between 13 and 17?

8. 0.4 of 20 =

9. I think of a number. I multiply it by 6, divide it by 10 and then add 1.4. My answer is 5. What number did I think of?

10. Which number is 567 less than 2345?

Remember - ten questions in ten minutes.

There's five extra challenge questions if you have spare time.

11. $56 \div 7 =$ half of

12. What is the total of the even numbers?

76 95 42 101

13. $350 +$ $= 1000$

14. $(345 - 236) - 9 =$

15. $50 \div 2 =$ $+ 15$

Maths Activity - Metric units of measure

Over the next few weeks we are going to be extending your learning of units of measure.

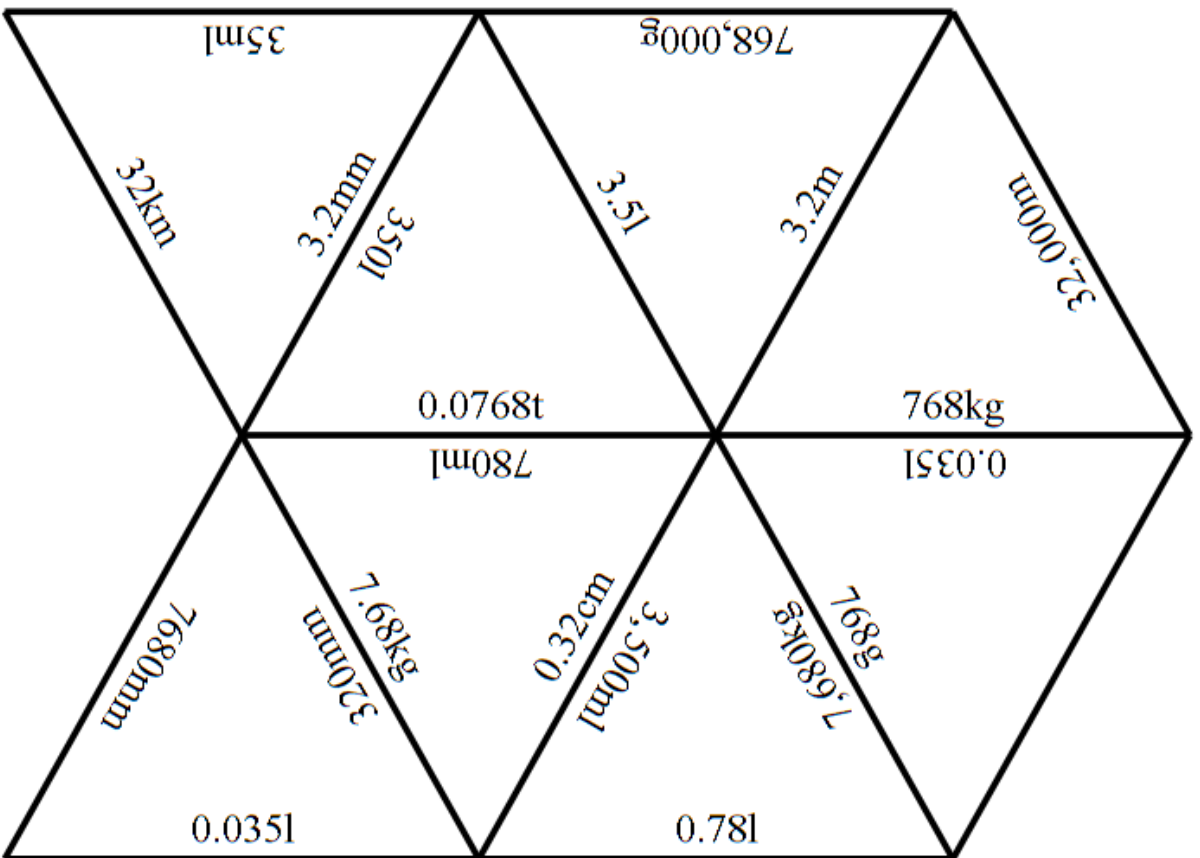
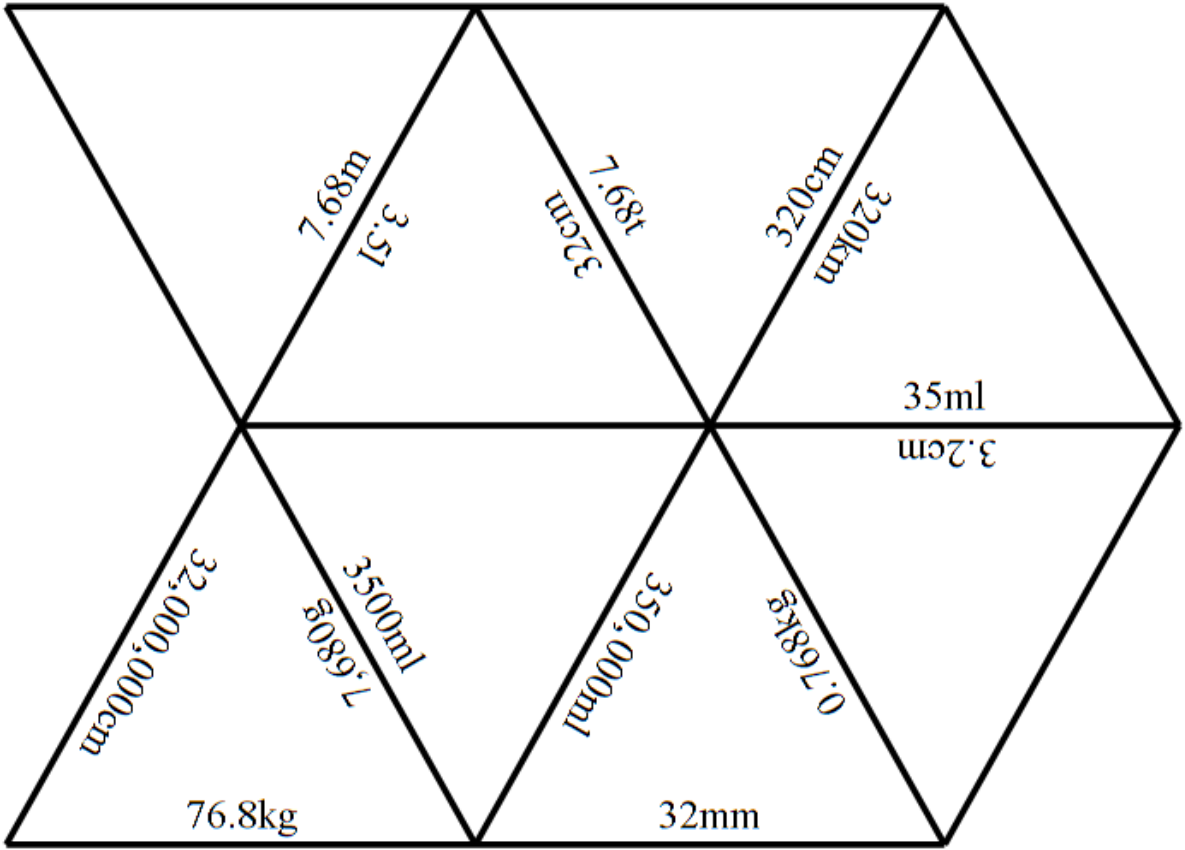
Today we are revisiting how to convert between metric units of measure again, but this time you have a tarsia puzzle to complete.

To complete the tarsia puzzle:

- Cut out all of the triangles carefully
 - Match up the edges of the triangle by finding the correct conversions of measure.
 - Your aim is to create a triangle.
- (Hint - find the three corner pieces first with just one measurement on one side and start from these)

Remember, there is a knowledge postcard and posters from Monday and Tuesday to help if you need it.

Maths Activity 3b - Converting units puzzle



ANSWERS Maths Activity 3a - Ten in ten

1. Claire bought five footballs at £1.99 each.

How much did she spend? Calculate her change from £20. **Spent £9.95, £10.05 change**

2. Perdita cut four 12.5cm lengths from a roll of 70cm ribbon.

How much was left?

20cm

3. Round $7\frac{2}{8}$ to the nearest whole number. **7**

4. $\frac{2}{5}$ of £350 = **£140**

5. Write the next three numbers in the sequence.

$1\frac{4}{5}$, $2\frac{1}{5}$, $2\frac{3}{5}$, **3**, **$3\frac{2}{5}$** , **$3\frac{4}{5}$**

6. Parrie is facing west. She turns anti-clockwise 45° . What direction is she facing now?

south-west

7. What is the sum of the even numbers between 13 and 17? **30**

8. 0.4 of $20 = 8$

9. I think of a number. I multiply it by 6, divide

it by 10 and then add

1.4. My answer is 5.

What number did I think of? **6**

10. Which number is 567 less than 2345?

1778

11. $56 \div 7 =$ half of **16**

12. What is the total of the even numbers?

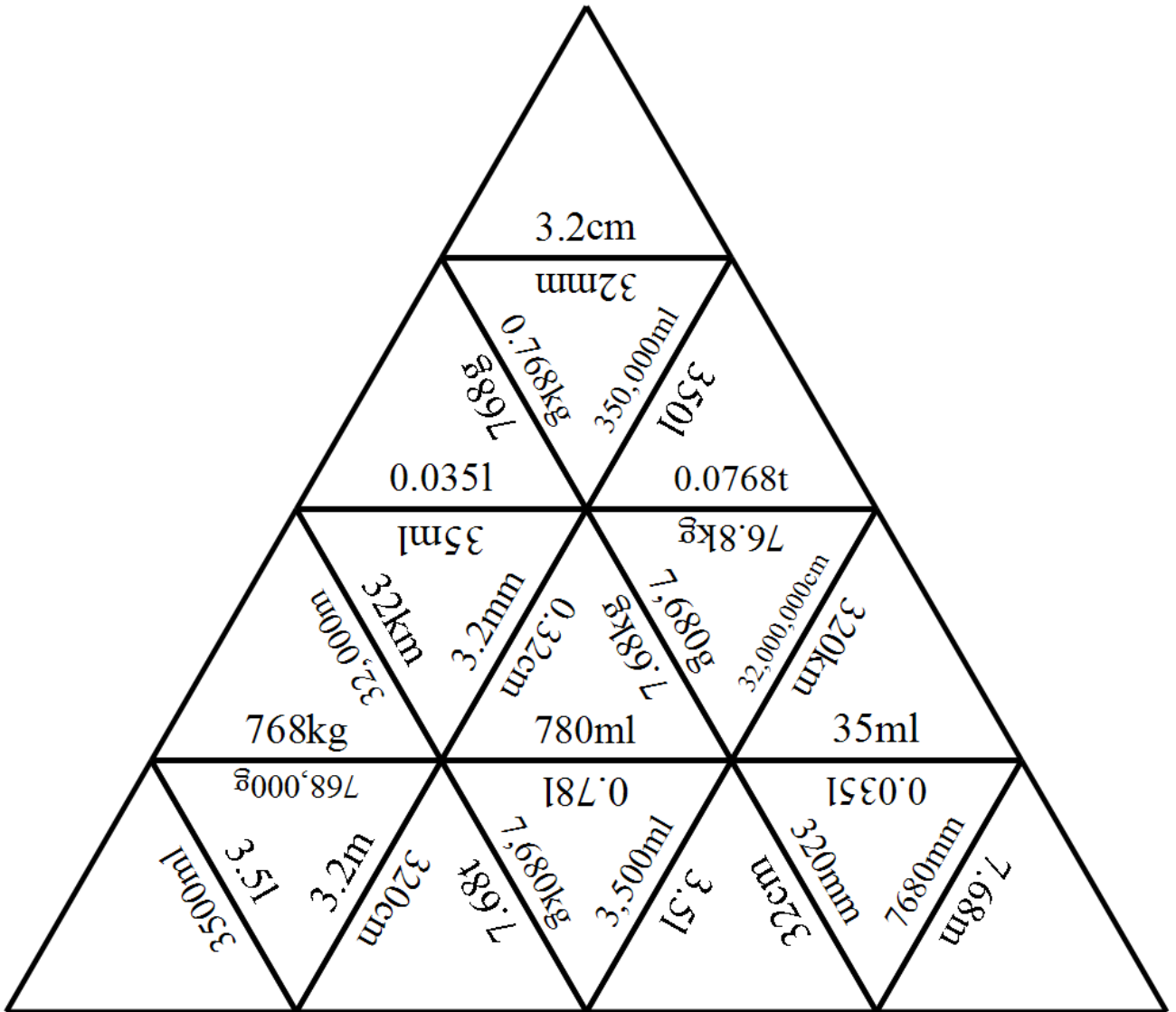
$76 + 42 = 118$

13. $350 + 650 = 1000$

14. $(345 - 236) - 9 = 100$

15. $50 \div 2 = 10 + 15$

ANSWERS Maths Activity 3b - Converting units puzzle



Active July!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Monday Let's get active in July! Try each of these activities with the people you're with!	1 Practise balancing on right leg: Bronze: 1 minute Silver: 2 minutes Gold: 3 minutes	2 Practise balancing on left leg: Bronze: 1 minute Silver: 2 minutes Gold: 3 minutes	3 See how many tuck jumps you can do in a row: Bronze: 10 jumps Silver: 20 jumps Gold: 30 jumps	4 Create your own circuit of exercises you've learned over the past few months!	5 Teach the people at home your circuit and see who impresses you most!	
6 Do some burpees: Bronze: 10 burpees Silver: 15 burpees Gold: 20+ burpees	7 Practise throwing and catching with someone at home: Bronze: 20 catches Silver: 40 catches Gold: 60+ catches	8 Hopscotch until you need to stop Bronze: 30 seconds Silver: 45 seconds Gold: 2 minutes	9 Do some lunges in a minute: (remember to do both legs) Bronze: 10 lunges Silver: 20 seconds Gold: 30 seconds	10 Push ups! Bronze: 10 push ups Silver: 15 push ups Gold: 20+ push ups	11 Challenge yourself to learning some new yoga posts – watch a Youtube video to help.	12 Practise those yoga skills your learned and see if you can balance for longer than you did yesterday.
13 Try and do some crunches: Bronze: 10 crunches Silver: 20 crunches Gold: 30 crunches	14 Do some lunges on both legs: Bronze: 10 each leg Silver: 20 each leg Gold: 30 each leg	15 Step jumps – find a step and jump up and down on it safely: Bronze: 10 times Silver: 20 times Gold 40+ times	16 Squat – count how many squats you can safely do in a minute: Bronze: 10 squats Silver: 15 squats Gold: 20+ squats	17 Do some frog jumps: Bronze: 10 jumps Silver: 20 jumps Gold: 30 jumps	18 Go outside and be active with someone from your house. Go for a run or a walk!	19 Use your outdoor time to jump over things, balance along things and move in different ways.
20 Stand up/sit down in a minute: Bronze: 10 times Silver: 15 times Gold: 20+ times	21 Do some shuttle runs: Bronze: 15 runs Silver: 30 runs Gold: 50 runs	22 Practise leaping without stopping: Bronze: 10 leaps Silver: 25 leaps Gold: 40 leaps	23 Practice dribbling a ball: Bronze: 1 minute Silver: 2 minutes Gold: 5+ minutes	24 Toe touches – touch a ball with your toe for a min. Bronze: 10 times Silver: 20 times Gold: 30+ times	25 Find a song on Youtube to dance along to! See if you can dance so hard you get sweaty!	26 Ask someone at home to choose a song on Youtube to dance along to and have a dance party!
27 Try hurdling over something (or just jumping!): Bronze: 1 minute Silver: 3 minutes Gold: 5 minutes	28 Catch a ball with your OTHER hand: Bronze: 15 catches Silver: 25 catches Gold: 35 catches	29 Do some sit ups: Bronze: 10 sit ups Silver: 20 sit ups Gold: 40 sit ups	30 Do some star jumps: Bronze: 20 times Silver: 30 times Gold: 50 times	31 Have a jog around: Bronze: 5 minutes Silver: 10 minutes Gold: 15 minutes	Challenge yourself to get as many bronze/silver/golds as you can! Keep track and celebrate your achievements!	